



The Islamic Republic of Iran

Country Fact Sheet 2025

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For further information on voluntary return and reintegration, please visit the information portal www.ReturningfromGermany.de, or contact your local return and reintegration office.

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1 Health Care

General Information

There are different types of primary health insurance available to Iranian citizens, including Tamin Ejtemaei and Salamat which are the most common ones. Each one has different types of coverages, which will be explained in the following paragraphs. The primary insurance covers the costs of medications, medical and hospital services, vaccination, etc. Cosmetic surgeries are not covered by health insurance.

Tamin Ejtemaei Insurance

- Compulsory coverage: Companies and organizations use this coverage to insure their staff.
- Voluntary coverage: This one is suitable for people who are freelancer or do not have the possibility of getting insurance coverage at work.
- Coverage for owners of business: People who run their own business or work as an employer can benefit from this coverage.
- Coverage for homemakers: Single or married women who are homemakers and aged from 18 to 50 can benefit from this coverage. Women over the age of 50 must have a history of paying insurance for the number of years they exceed 50. For more information and registration visit <https://women.tamin.ir/>.

Individuals with special medical conditions are encouraged to visit <https://darman.tamin.ir/>, where they can complete their personal information and upload the necessary medical documents to receive appropriate support.

How to apply for Tamin Ejtemaei Insurance:

Visit Tamin Ejtemaei offices to register. Once the application process is completed, basic online services can be received through <https://eservices.tamin.ir/>

How to check Tamin Ejtemaei health Insurance status: Visit <https://pwa.tamin.ir/> and enter your national ID number.

How to view all your insurance records: Download and install the "Tamin-e Man" app from <https://hamrah.tamin.ir/>.

Salamat Insurance

- General coverage: In this type of coverage, applicants' financial situation will be assessed and based on the assessment result, the insurance premium amount will be calculated. Insurance fee may be free of charge for some cases. If applying for Salamat insurance, you will not be eligible for Tamin Ejtemaei insurance and you can only benefit from medical services in public and university medical centers.
- Salamat Iranian coverage: To benefit from this insurance coverage, insurance fees must be paid. You can benefit from medical services in specific public and private medical centers, which you may find on <https://ihio.gov.ir/>, using this coverage.
- Coverage for villagers: Villagers and residents of small towns (under 20,000 habitants) can benefit from this coverage, which is free of charge as the insurance fee will be paid by

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the government. This type of coverage can be only used in public medical centers.

- Coverage for individuals with special medical conditions: Individuals with special medical conditions such as those with MS, kidney transplant recipients, dialysis patients, and those with Thalassemia or Hemophilia, can benefit from government assistance to cover part of expenses for needed treatments.
- Salamat coverage for refugees: All registered Afghan and Iraqi refugees residing in Iran can register for this coverage regardless of their age. The registration should be done for the whole family and not individually. The head of the family can visit one of Pishkhan-e Dolat offices holding required documents of all the family.
- Visit <https://mdp.ihio.gov.ir> to find out about the rates and services covered by Salamat insurance. Visit <https://ihio.gov.ir> to find out about the contracted centers. Call 1666 to receive any needed information on Salamat insurance for free.

How to apply for Salamat Insurance:

Visit specific Pishkhan-e Dolat offices, which you may find on <https://ihio.gov.ir/>.

How to check Salamat Insurance status:

Dial *1666# and enter your national ID number in the next step (internet access is not required).

Difference between Tamin Ejtemaei and Salamat insurance:

Salamat insurance only covers

health-related expenses, but Tamin Ejtemaei provides pension services in addition to the services for health.

Generally, primary health insurance coverage is limited and for more services, people usually seek the supplemental health insurance, which is funded by private companies. The supplemental insurance is an additional policy that individuals can purchase to cover services and deductibles that are not included in their primary insurance coverage. To name a few, the following insurance companies offer private health insurance coverages. The premium varies according to the type of coverage, age, etc.:

Iran: Tel.: +9821 86092238, E-Services: 09668, <http://iraninsurance.ir/home>

Asia: Tel.: +9821 8707, www.bimehasia.com

Alborz: Tel.: +9821 1574, <http://www.alborzins.com>

Novin: Tel.: +9821 23047, Fax: +9821 22923846, Website: <https://www.novininsurance.com>

The benefits vary according to the chosen coverage, which the client will be informed about upon registration. Respective premium will be covered by the employer if the returnee begins to work in an Iranian organization or business. Otherwise, the costs will have to be paid by the returnee personally.

Rare Disease

There are some supporting organizations for rare diseases in Iran, which provide

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different services to people who are suffering from these kinds of diseases. Foundation of Rare Disease is a national none-profit entity which provides wide range of services including research, awareness raising, capacity building and financial supports to patients. The list of rare diseases, specialized clinics and laboratories are available on: <https://radoir.org/fa>

Other useful websites for rare disease patients:

Registration link for rare disease patients: <http://84.241.37.244:2021/sabna/>

Rare disease management site: <https://rda.behdasht.gov.ir/login>

Nader Specialized Clinic

Affiliated to Foundation of Rare Disease, this clinic provides services such as injection, ECG, EEG, EMG, echocardiography, audiogram, endoscopy with anesthesia, endoscopy without anesthesia and pap smear test. Patients can also benefit from free telephone counselling through +98 2166919371-2 and book their appointment online on: <https://clinic-nader.ir/>

Address: No. 14, 1st Floor, Mohajeri Khameneh Alley, Northern Jamal Zadeh St., Tehran, Iran, telephone: +98 2166919371-2

Nader Pathological Lab

At present, Pathological Laboratory of Nader Specialized Clinic provides services in following sections:

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Online appointment booking, online counselling, reception and sampling, medical tests at home, hematology and coagulation, serology, blood biochemistry, urine biochemistry, hormonology, immunology, urine analysis and microbiology, parasitology, pathology, cytology and sending medical exam results., web-site: <https://lab-nader.ir/>

Address: No. 14, 1st Floor, Mohajeri Khameneh Alley, Northern Jamal Zadeh St., Tehran, Iran, telephone: +98 2166919373-4

Iranian Red Crescent Society (IRCS)

Iranian Red Crescent Society provides a wide range of services, among which their health care services include physiotherapy, vocational therapy, audiometer, speech therapy, hydrotherapy, clinical nutrition, neurology, clinical hypnotises and mechano therapy. In addition, there are some free online courses in different areas such as Measurements in incidents, First Aid Tips etc. available on <https://learn.khadem.ir/>.

For more information on IRCS services in Iran, please visit their website on <https://rcs.ir/>

Address: Solh Building, Valiasr Ave., Tehran, Iran, telephone: +982188201000-9

Charity Foundation of Special Diseases

Charity Foundation of Special Diseases is an Iranian non-governmental entity which provides health care services for patients suffering from specific conditions such as Thalassaemia, Hemophilia, Chronic renal failure, dialysis, hemodialysis, Kidney

transplantation, EB, Diabetes, Cancer, MS, and Autism. It has 10 branches in 10 different cities of Iran.

Address: NO. 2, Eastern Saeed alley, western Bahaar Street, north Kaaveh Boulevard exit, Sadr highway (west to east), Tehran, Iran, telephone: 021-783465 , 021-783467, Website: www.cffsd.org

Soudeh Medical Center

Affiliated to Charity Foundation of Special Disease, Soudeh Medical Charity Center, which is located in southwest of Tehran, is a specialized medical entity for a category of diseases which are considered as special diseases in Iran. This charity complex includes hemodialysis, thalassemia, and hemophilia departments, diabetes clinic, pathobiology laboratory, general medicine clinic, specialized and sub-specialized departments, health center, psychological counseling unit, nutrition and assistance units. It is noteworthy that this center is the largest hemodialysis center in southern part of Tehran and provides free medical services to more than 400 people who are suffering from kidney failure.

It also supports patients who are struggling with other issues in addition to illness, by paying for their transportation, accommodation and medicines, providing dowry for their children, counseling and discounts on medical expenses and hospitalization, in order to solve some of their economic problems and follow up their social and livelihood affairs. Address: Imam Khomeini Sq., Shahrak Vavan, Islam Shahr, Tehran, Iran. telephone: +9821 54469, direct reception:



Photo: Unsplash 2020/ Ashkan Forouzani

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+98 9375794646,
Website: <https://soodehmc.ir/>

Availability of medical facilities and doctors

Almost the whole rural population has access to Primary Health Care (PHC) services delivered in health houses and rural health centres. At the national level, the Ministry of Health is exercising the governance, policymaking, planning, financing and steering of the programs. At the provincial level, the Universities of Medical Sciences and Health Services are the most significant government institutes to provide people with health services and meet their demands in the domain of individual, collective, and environmental health. At the township and rural level, a District Health Network, comprised of a district health centre, urban and rural health centres, health posts and health houses, are charged with this responsibility. Besides the Universities of Medical Sciences and Health Services, part of the services are provided by insurance companies and the Social Welfare Organization's provincial and district units. The peripheral units (health houses/rural health centres) in the premises of medical sciences universities offer health services free of charge. In other units, the patients avail themselves of the services they need by paying a part of the amount based on their health insurance.

By focusing on the referral system and family physicians, the health system has also activated service packages for prevention, care and treatment in rural areas. Although there were shortages in importing some special medicine groups

during the recent sanctions against Iran, there is no serious lack of medicines, specialists, or equipment in the public health system of Iran. However, this issue has caused an increase in the prices of some medicines. Pharmaceutical products are vastly imported under the supervision of the Ministry of Health. The private sector is available especially in larger cities and offers various ranges of prices for those who want to benefit from private hospitals and health services. Almost all health services are available in public hospitals at a lower price and could be covered by the health insurance. However, due to long duration of admission, overcrowded public centres and better services at private health centres, people may prefer to pay more and refer to private health facilities.

Admission to medical facilities

There are hospitals and clinics available in every district of all cities in Iran. It is mandatory for all hospitals to accept emergency cases 24/7 and for less urgent situations, it depends on the patient's decision to refer to a doctor, a clinic, or a district hospital. It would be best to contact each centre first to make an appointment.

Availability and costs of medication

The Red Crescent has been determined as the focal point for the importation of specific medicines and provides such medicines for specific patients through designated pharmacies. In general, most of the medicaments are available in Iran. Some medications might have a high price due to sanctions. Medicaments are

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usually only distributed in small quantities, in order to avoid resale on the black market. Contact details of major pharmacies:

Helal Ahmar Pharmacy: No. 290, Taleghani Ave., Sephabod Gharani Cross-section, Tehran, Iran, Tel.: +9821 88803876-9

Aban Pharmacy: Karim Khan Zand Ave., in the corner of North Kheradmand St., Tehran, Iran, Tel.: (0098 21) 88849011-5

Consult the following website to find information about other Helal Ahmar pharmacies: <https://www.mpo-helal.org/>

HIV in Iran

According to UNAIDS Country Snapshot for Iran, it was estimated in 2023 that about 46,000 people were living in Iran with HIV, and about 2,900 new infections and 2,300 AIDS-related deaths occurred in the country. The HIV epidemic in Iran is mainly concentrated among key populations with frequent unsafe injection and risky sexual behaviors. Using shared needles among Persons Who Inject Drugs (PWID) was considered as the most common mode of transmission. Although drug injection is the leading route, sexual partners of PWID are at high risk of transmission.

How is HIV transmitted?

- Unprotected sex (sex without condoms).
- Transfusion of contaminated blood or blood products.
- Mother-to-child transmission of HIV during pregnancy, childbirth, or breastfeeding.

- The use of common injection devices which were previously used by an infected person.

What to do if you have been exposed to HIV?

Being exposed to HIV does not necessarily mean that the exposed person has been infected. If you are exposed to this virus, you must take the necessary actions within 72 hours. You can call Tehran Yaran-e Mosbat club or counselling centers for behavioral disorders or visit these centers located in Imam Khomeini Hospital or Imam Khomeini hospital emergency department (Towhid square, Bagher Khan, Tehran) in person. Visit <https://ircha.tums.ac.ir/> for more information about this disease and post-exposure treatments.

What are specialized treatment and counselling centers for HIV in Iran?

Yaran-e Mosbat club

This club is specialized for people who live with HIV/AIDS and is managed with the cooperation of HIV-positive people. The club provides free counselling services in addition to educational and recreational activities. In person and telephone counselling are provided every day except on holidays from 8 a.m. to 4 p.m.

Hotline numbers: +9821 66581517 - +9821 66593030

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Specialized Laboratory of Iranian Research Center for HIV/AIDS

This laboratory provides services to people living with HIV/AIDS such as diagnostic tests for HIV infection, viral load measurement and sperm washing.

Laboratory (Response): 8:30 a.m. to 12 p.m.

Laboratory (Venipuncture): 9 a.m. to 1 p.m.

Address: Back of Infection Building (Building 6), Imam Khomeini Hospital, Towhid square, Tehran, Iran.

Contact number: +9821- 66581585.

Counseling Centers for Behavioral Disorders

These centers operate in the field of AIDS and Sexually Transmitted Diseases (STDs) and provide services such as trainings, confidential and free testing and counseling for HIV diagnosis, distribution of condoms and services to decrease harms caused by addiction (syringe and needle distribution). You can find the contact details of these centers in your city by searching on Google or by checking on <https://ircha.tums.ac.ir/centers>.

Address of the Counseling Center for Behavioral Disorders in Iranian Research Center for HIV/AIDS:

Infection Building (Building 6), Imam Khomeini Hospital, Towhid square, Tehran, Iran.

Contact number: +9821- 66911296.

Addiction

Drug addiction is a significant issue in Iran as the number of addicts has more

than doubled in recent years.

The National Addiction Hotline

This hotline (09628) provides solutions for preventing the use of addictive substances, guidance on addiction treatment, referral to treatment centers and harm reduction services. The contact hours are every day from 8 AM to 8 PM.

Narcotics Anonymous (NA)

NA is a non-profit association of men and women for whom drug addiction has been a major problem in their lives. This association consists of recovering addicts who regularly come together to help each other maintain their sobriety from drugs. Membership in this association is free, and the only requirement is the desire to stop using drugs. For information on meeting addresses, visit <https://meeting.nameting.ir/>

For more information and contact details visit <https://nairan.org/fa>.

Congress 60

It was established to help addicts who have always wanted to be free from addiction but have not found a logical solution for their treatment. In this congress a person who has been freed from addiction helps a person who is currently using drugs or is addicted. In the meetings, each member talks about their experience and knowledge regarding addiction and avoids giving advice. In this congress, those who are drug users and are undergoing treatment are called "travelers," and those

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who are not addicted themselves but are alongside a user to help them are called "companions." Members of this congress believe that addiction is a disease, and that the user must go through a treatment process. Therefore, the term "quitting" does not exist, and treatment is the focus. One of the conditions for being admitted into Congress 60 is the simultaneous cessation of smoking and drug use. All services of Congress 60, from counseling to treatment, are free, and the only cost individuals pay is for the educational package; no other fees are required. For more information and to find the addresses of the branches, visit <https://www.congress60.org>. For initial addiction treatment counseling and to participate in Congress 60 meetings, visit the nearest branch to your place of residence. Additionally, for more information, you can contact the central office's newcomer guidance section at 021-8607364 on even days from 9 AM to 12 PM.

Transgenders

Transgender individuals in Iran are recognized and the processes of gender reassignment and re-confirmation are permitted. It is worth noting that these individuals must pay for their gender reassignment surgery themselves.

Gender Affirmation Surgery

According to Clause 18 of Article 4 of the Family Protection Law, the request for gender reassignment surgery for transgender individuals is accepted and falls under the jurisdiction of the family court. Typically, after approaching the court and

submitting a petition for gender reassignment and name change in the birth certificate, the individual is referred to Legal Medicine Organization, undergoes psychotherapy sessions with a qualified psychologist, and performs hormone level and karyotype tests. Finally, once the approval is received from the psychiatrist and the forensic medicine, the judge's ruling for gender reassignment and name change in the birth certificate is issued. In Iran, there is no specific insurance coverage for transgender individuals and gender confirmation surgery. However, part of the general costs of medication and treatment can be reduced using insurance.

Forensic Medicine

Visit the website of the Legal Medicine Organization of Iran to find the addresses of forensic medical centers at <https://lmo.ir/>.

Social Services

Transgender individuals are one of the target groups of social emergency services. If you face domestic violence, call the social emergency number 123. The Welfare Organization (Behzisit) provides psychosocial services to transgender individuals. Since these individuals may face issues such as unemployment and lack of social and family support, social support is also provided by the Welfare Organization. Psychosocial support is implemented in crisis intervention centers and does not have a separate center.

Target Group: All transgender individuals who visit the intervention center along

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with their families.

Admission Method: These individuals can self-refer to the intervention centers or be referred by organizations, institutions, treatment centers, etc.

Implementation Process:

1. Admission and file creation for the client.
2. Referral to other specialized units (psychology, social work), conducting social work, psychological, and psychiatric evaluations.
3. Providing specialized social work and psychological services.
4. Providing financial services (treatment and empowerment subsidies).

Iranian Association for the Support of Patients with Gender Identity Disorder

To get information about the Iranian Association for the Support of Patients with Gender Identity Disorder, please visit the following archived website:

<https://web.archive.org/web/20150417235943/http://gid.org.ir/>

Access for returnees

Eligibility and requirements: All Iranian citizens, including returnees, are eligible for PHC and further health care services. There are two common types of primary health insurance: Tamin Ejtemaei and Salamat

Registration procedure: Tamin Ejtemaei: Visit Tamin Ejtemaei offices to register.

Salamat: Visit specific Pishkhan-e Dolat offices, which you may find on <https://ihio.gov.ir/>.



Photo: Unsplash 2020/ Milad Fakurian

2 Labour Market

General information

According to the latest data released by the Statistical Centre of Iran the economic participation rate and unemployment rate among the population aged 15 and above were respectively 41 and 7.6 per cent in 2024.

Job placement

According to Iranian labor law, it shall be prohibited to employ any person under the age of 15. Workers who are between 15 and 18, shall undergo a medical examination by the Social Security Organization at the commencement of employment. The minimum daily wage set by the Supreme Labour Council's resolution for a single person without working experience in 2025 is IRR 3,463,656 which has been increased compared to last year. More details are provided on: <https://www.mcls.gov.ir/>

Holding a valid vocational certificate or university degree increases the chance to find employment. The most efficient way to find a job is through the internet and social media. There are also some websites to find job vacancies online:

- <https://www.e-estekhdam.com/>
- <https://karboom.io/jobs>
- <https://iranestekhdam.ir/>
- <https://www.sheypoor.com/>
- <https://jobinja.ir/>
- <https://jobvision.ir/>
- <https://divar.ir/>
- <https://iranjob.ir/>

Business start-up, business license and micro credit)

To start a business, a special permission from the relevant labour union is necessary. Please visit <https://mojavez.ir/> to find out more information on business license and to start the application process.

Online platforms for runners of home business and freelancers in Iran

Mamanpaz

MamanPaz is an online food delivery platform that specializes in offering real home-cooked meals. The platform connects customers with home chefs, often mothers, who prepare a variety of dishes.

- <https://www.mamanpaz.ir/>

Ostadkar, Achareh & Khedmatazma

These Ostadkar & Achareh are online platforms that connect users with professional service providers for various home and office needs.

- <https://ostadkar.ir/>
- <https://achareh.co/>
- <https://khedmatazma.com/>

Basalam & Hojresho

Basalam & Hojresho are online marketplaces that connect local producers and small businesses with customers. It focuses on promoting handmade and homegrown products.

- <https://basalam.com/>
- <https://hojresho.ir/>

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Digikala

Digikala is one of the largest e-commerce platforms in Iran which offers a comprehensive system for sellers to list and sell their products.

<https://www.digikala.com/landings/seller-introduction/>

Hamiworks

Snapp and Tapsi

These are two apps, connecting drivers with passengers for convenient transportation.

<https://digitalsignup.snapp.ir/>

<https://tapsi.ir/>

Baryabco

This platform connects cargo owners, transport companies, and drivers. It provides a digital marketplace where drivers can find available shipments and manage their transport orders.

<https://www.baryabco.ir/>

Mdotcar

It is a vehicle assistance platform that connects service providers with drivers in need of roadside support. The platform offers services such as emergency car repairs, towing, battery replacements, and on-site maintenance.

<https://mdotcar.com/>

National Wage Subsidy Scheme

This scheme is designed by the Ministry of Cooperatives, Labor, and Social Welfare and aims to reduce the cost of hiring for employers by covering part of the employee's wages during a specific

period and to make it easier for job seekers to find employment. To check the eligibility criteria and benefits for both job seekers and employers, and to receive more information on the application process, please visit <https://pyd.mcls.gov.ir/>.

Unemployment assistance

There is no unemployment assistance provided by the state unless you or your employer have paid a specific amount to an insurance company per month for this reason during the working period (at least six months). The minimum monthly fare to be paid as social welfare (including health insurance, pension and unemployment assistance fare) is 30 percent of the person's monthly salary. This is considered as the insurance premium, out of which 23 percent should be paid by the employer and 7 percent by the employee. Those who have paid the fare at least for six months in a row, are eligible for 55 percent of the declared monthly wage. All employed persons who have paid at least six months of insurance premiums and have been unwittingly unemployed can enjoy unemployment insurance benefits for at least six months. Retirees, foreigners and people with disabilities are considered as exceptions.

Trainings and Internships

Technical and Vocational Training Organization
<https://www.portaltvto.com/>

Online educational materials for freelancers
<https://freelancingschool.ir/>

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Content for home-based business activities

<https://tavanasho.com/>

Online courses for entrepreneurial activities

<https://faradars.org/how-to-learn/startup-and-business>

State internship scheme for educated applicants

<https://karamouz.irost.ir/>

Access for returnees

Eligibility and requirements for employment assistance: Those who have paid a specific monthly amount to an insurance company or their employer has paid its share for at least six months are eligible to receive unemployment assistance.



Photo: Unsplash



Photo: UnsplashAmin Safarpour 2021h

3 Housing

General information

Various parameters affect the housing prices. Due to high inflation and volatility in the overall economic situation, the average housing prices in Tehran have risen. According to the latest statistics in 2024, the average apartment price for one square meter in Tehran is about IRR 1,170,000,000 which increased significantly compared to last year. Apartment prices vary depending on its location in every district of Tehran and also in every city. More detailed information is available on: <https://kilid.com/house-prices>. In general, there are sufficient houses and apartments available in Tehran and throughout the country. Renting a property in Iran usually requires to pay for down payment and monthly rent. Rental costs vary according to the location, condition, and size of the property. It requires about IRR 3,000,000,000 for down payment and about IRR 150,000,000 for monthly rent to rent a

normal accommodation in a normal district in Tehran, which is recognized as the most expensive city in Iran. Returnees without a place to stay can rent temporary furnished flats until they find a solution. These types of accommodation are available on

<https://www.jabama.com/stays-tehran-apartment>

Accommodation and living costs are higher in large cities. However, it should be noted that the variety and availability of accommodation are also higher in these areas.

Finding accommodation

There is limited governmental allowance for purchasing and renting accommodations and people have to adjust their financial capacities and budget to rent or buy an accommodation. The best way to find properties is to visit real estate agencies. These are available even in small villages in Iran. There are also some

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useful websites to search for an accommodation online:

- <https://kilid.com/>, <https://divar.ir/>
- <https://www.sheypoor.com/>

Social grants for housing

Some banks including Maskan bank offer different types of housing loans. Housing loan eligibility is primarily dependent on the credit history and repayment capacity of a person.

Eligible families can also benefit from rental loans. For more information and registration visit the following website: <https://saman.mrud.ir/> There are some organizations in Iran which support individuals based on their vulnerability. Disabled people, female householders, elderly persons, etc. are supported by the Behzisti Organization and the Khomeini Relief Foundation. These organizations help vulnerable people to rent accommodation. Eligible individuals receive a monthly allowance under special conditions for basic needs such as housing. Due to the rising trend in housing prices and the decline in incomes, these amounts cannot cover housing costs in Iran.

Khodnevis System

The Khodnevis System is an online platform developed by the Ministry of Roads and Urban Development in Iran. This system is designed to facilitate the registration of real estate contracts, such as rental agreements, and to issue tracking codes for these contracts. One of the main goals of the Khodnevis system is preventing fraud.

- Monitoring the housing market: By registering all real estate transactions, the government can better control and supervise the market.
- Preventing tax evasion: Ensuring that all transactions are recorded helps in reducing tax evasion.
- Preventing fraud: The system helps in preventing misuse and fraudulent activities in real estate transactions.

Users, including landlords, tenants, and real estate agents, can register their contracts online for FREE and without the need for physical visits to any offices.

Access for returnees

There is no shelter for returnees to Iran for temporary stay after their return, but for the returnees under IOM Assisted Voluntary Return and Reintegration (AVRR) project, hotel rooms could be booked for a few days upon request. For more information please contact IOM offices in the country you are staying. Temporary shelters also known as Garm Khaneh only accommodate extremely vulnerable homeless people and drug addicts.

Housing/ shelter for VoTs, victims of domestic violence, single mothers etc.: There are social emergency services providing counseling sessions, protection, and shelter for extremely vulnerable groups and victims of domestic violence. The social emergency is available through the phone number: 123. More information can be found at: <http://123.behzisti.ir/>



Photo: Unsplash 2018/ Iman Soleimany Zadeh

4 Social Welfare

General information

Iran's social welfare system is designed to support people with socio-economic challenges. To access government's online services, please visit <https://sso.my.gov.ir/>.

Access for returnees

Eligibility and requirements: All Iranian nationals, including returnees, are eligible for social and health insurance through Tamin Ejtemaei organization which is the only public social insurance system in Iran.

Website: <https://es.tamin.ir/>

Registration to receive online services: <https://eservices.tamin.ir/>

Registration procedure: Returnees can visit Tamin Ejtemaei offices to register.

Pension system

Iranian citizens can apply for social and health insurance through Tamin Ejtemaei organization. Other services might be offered by employers or private insurance companies.

There are four types of coverages available to all Iranian citizens under the Tamin Ejtemaei Insurance

1.) Compulsory coverage

This type of coverage is available to the employees insured by the employer, in which 7 percent of the premium is paid by employees and 23 per cent is paid by employers.

2.) Coverage for owners of business - There are three premium rates of 12,

14, and 18 percent which are payable by the insured persons, and, the government is required to pay 2 percent of the premium.

The system covers all employed and self-employed persons. Self-employed persons may choose different levels of coverage.

3.) Voluntary coverage

This one is available to persons who have previously paid the insurance premium for 30 days and are in the age 18 to 50. Its premium is 27 per cent which is fully payable by the insured person. The applicants whose age is more than the limit, have to pay for the excess years to apply for this type of insurance. However, people of whatever age who have paid the premium for more than 10 years can benefit from this type of insurance.

4.) Coverage for housewives

Single or married women aged 18 to 50 can benefit from that coverage. Women older than 50 should have paid for insurance for a specific period which should be as much as the excess years of their age.

Special insurance systems are provided for government employees and armed forces personnel. For employees, membership in the Tamin Ejtemaei insurance system is compulsory. This type of insurance ensures protection against unemployment, diseases and occupational accidents, and also supports for retirement.

People in vulnerable situations

There are public and private organizations as well as NGOs which are providing specialized services for their defined

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target groups. Generally, there are two types of centres providing services to the people in vulnerable situations in Iran - public and private ones. Public centres are normally overpopulated with long queues. The beneficiaries who prefer less crowded places or being in close contact with specialists/service providers would refer to private centres which are usually smaller specialized clinics or centres. In Iran, there are two public organizations for people in vulnerable situations, the Imam Khomeini Relief Foundation and Behzisti.

The Imam Khomeini Relief Foundation

This foundation provides services to the female-headed households, orphans, families of inmates etc. to improve their livelihoods.

Behzisti

Affiliated to the Ministry of Cooperatives, Labor, and Social Welfare, Behzisti organization is one of the most important specialized organizations which provides wide range of services to different groups of people including drug addicts, single mothers, children in labour, unaccompanied minors, people with mental and physical disabilities, elderly people, etc. Some services are psychological services including telephone, in-person and virtual counselling, anxiety screening for 5 to 6-year-old children, pre-marriage training, family-life training, life-skills training and psychological interventions in crises and natural disasters. Temporary shelters (Garm Khaneh) and dormitories, mental and physical rehabilitation services and treatment of addiction are also included. Access to public services is equal for all citizens but, as mentioned,

there are additional supports for people in vulnerable situations who are covered by the communities/ organizations. There are some centres providing services free of charge for people in need under the supervision of BEHZISTI organization.

For more info about BEHZISTI please refer to <https://www.behzisti.ir/> and for information on different services visit

<https://www.behzisti.ir/service/services-1/services-2>

In the following, you may find further details on the main services of Behzisti Organization:

Social Emergency (123)

By dialing 123, people can contact experts to express their problems and receive specialized services. The experts include social workers and trained psychologists who provide specialized services to the target groups (people who are at risk or socially injured) 24 hours a day and, if necessary, refer them to intervention centers for social, psychological, and Legal interventions. Eligible people to receive these services are: Divorced couples and people who have serious family conflicts, women and girls who are at risk of social harm or are already harmed socially, people who intend to commit suicide or have attempted suicide, street and working children, abused spouses and children, people who are suffering from sexual identity disorders, runaway girls and boys, other people of all ages who are in critical situations.

Counselling

Behzisti provides counselling services through telephone to the public. Telephone counselling aims to address

4 Social Welfare

people's immediate psychological needs and improve their mental health. The counsellor helps callers to identify their needs and find solutions to their problems and enhance their abilities to make decisions. In all provinces, the governmental landline, 1480, answers the problems of callers in the fields of pre-marriage, family, children and adolescents, education, employment, etc., from 8 am to 6 pm. The counselling is free of charge, and the caller should only pay a small amount for call charges. For more information on counseling services visit <https://moshavereh.behzisti.ir/>

Intervention plan to reduce divorce

All citizens who intend to get a divorce can benefit from counselling services by following the instructions mentioned on the website below:
<https://zaman.behzisti.net/>

Domestic violence

World Health Organization (WHO) defines domestic violence as any behavior which leads to physical, psychological, or sexual harm within an intimate relationship. According to a report by WHO in 2021, domestic violence in Iran was estimated to be 66%.

Actions to take in an emergency: Women who are exposed to domestic violence and are in a life-threatening situation, can call Social Emergency by dialing 123. A group of specialists together with the police, also in coordination with judicial authorities, will visit the address provided by the caller. The social worker analyzes the situation and if domestic violence is

confirmed, the woman and her children will be referred to intervention centers. Once initial admission is done in intervention centers, the situation of the abused woman will be assessed and if there will be any life-threatening issue at home, which makes the return of the abused woman and her children impossible in short-term, they will be referred to Safe Houses (Khaneh Amn) together with their children (boys until the age of 12).

Direct admission is not available in Safe Houses. These shelters, which are limited in the country, look like any other houses, have no signboard and their addresses are only available to Behzisti, judicial authorities and the police. Women who live in these houses have a normal life. Even the neighbors are not aware that these houses are under the supervision of Behzisti, and victims of domestic violence are living there. Women who are victims of violence can extend their stay in these accommodations if the team of specialists determines that the condition is not suitable for them to return home. People who are at risk of domestic violence are advised to follow the tips below.

- If the person has a mobile phone, she should always carry it with her to call family, friends, or the police in case of emergency.
- They should agree with the neighbors on certain words or signs so that if they hear or see them, they will be aware that the person is facing violence and needs help.

Persons With Disabilities (PWDs)

Iran ratified the United Nations Convention on the Rights of Persons

4 Social Welfare

with Disabilities (CRPD) in 2009. There are many rehabilitation centers for PWDs in different parts of the country. Contact details of some of these centers in Tehran are listed in chapter 7.

Kahrizak Charity Foundation

The Kahrizak Charity Foundation in Iran is a well-known non-governmental organization dedicated to supporting Persons with Disabilities (PWDs) and the elderly. It provides a range of services aimed at improving the quality of life and access to essential services for these individuals. Here are some key aspects of the foundation:

Services Provided:

- Healthcare: Comprehensive medical care, including physical therapy, occupational therapy, and specialized treatments.
- Rehabilitation: Programs designed to help PWDs regain independence and improve their physical and mental well-being.
- Education and Training: Vocational training and educational programs to enhance skills and provide opportunities for employment.
- Residential Care: Facilities that offer long-term care and support for those who cannot live independently.
- Social Services: Counseling, social activities, and community integration programs to support social inclusion.

Please visit their website at
<https://kahrizakcharity.com>

Contact details:

Central Office: No. 110, Malayeripour St.,

North Mofateh St., Haft-e Tir Square, Tehran, Iran.

Telephone: 02188826118 - 02188826707

Rehabilitation Center: Hakimzadeh Blvd., end of Kahrizak, after Behesht Zahra, Ghom Road, Iran.

Telephone: 021 56525804-9

5 Education

General information

Education in Iran is divided into K-12 education and higher education. While K-12 education for school students is supervised by the Ministry of Education (<https://medu.ir/>), higher education is under the supervision of the Ministry of Science, Research and Technology (<https://www.msrt.ir/>). Prior to the university level, all schools are gender segregated, beginning at the pre-school level.

Kindergartens and preschools are available at almost every district of cities. The tuition fee of these centres (one to five stars) varies according to the location, educational facilities, quality of services, etc. Children's and parents' national ID documents, children's medical and vaccination certificates are required for enrollment. It is suggested to meet the centre managers and talk about facilities and fees to receive complementary information prior to enrollment.

Cost, loans, and stipends

There are public and private universities throughout the country. Education at public institutions is almost free of charge, while private ones charge tuition fees. The university entrance examination, called CONCOURS, is based on universities' capacities. As the capacity in universities has increased over the years, the competition is not as high as before, except for Iranian high-ranked universities and popular fields of study such as medicine, engineering or law. People with disabilities and people who live in remote areas as well as families of martyrs and veterans have special quotas for admission to universities. Most universities in

Iran offer their own loans and financial aids to students. Office of Educational Affairs in every university gives some discounts to students as well, according to their GPA rank compared to their peers. You may access respective information and requirements on each university's website. Additionally, Students Welfare Fund, which is a governmental entity, offers financial aids based on the students' conditions (marital status, city, study level). More information is available on: <https://www.swf.ir/>

Approval and verification of foreign diplomas

The Office of Graduate Students Affairs of the Ministry of Science, Research and Technology is responsible for the accreditation and verification of foreign diplomas. The list of acceptable universities and necessary information for the recognition of foreign diplomas are available at the following link: <http://grad.saorg.ir/>

Education for children with Special Needs

Due to the importance of rehabilitation and education of children with special needs and children who are suffering from hearing impairment, visual impairment and physical disability, intellectual disability, behavioral and emotional disorders. Special Education Organization was founded under the supervision of Ministry of Education. More information can be found at: <http://csdeo.ir/>

Other useful websites

School books can be purchased via

5 Education

<https://irtextbook.com/>

Educational and non-educational materials for children can be found at <https://www.roshd.ir/> and <https://kpf.ir/>

Online trainings for children with special needs are available at <http://amoozesh.csdeo.ir/>

Access for returnees

Returnees can enroll their children in kindergarten or school immediately after their return. They can also register for the university entrance exam if they have obtained a high school diploma. If there is a gap in higher education, they can resume their studies by paying a fine. The amount of the penalty varies depending on the type of the university. Please refer to respective university for more information. Providing the identification documents and the latest academic degree is required to continue education.

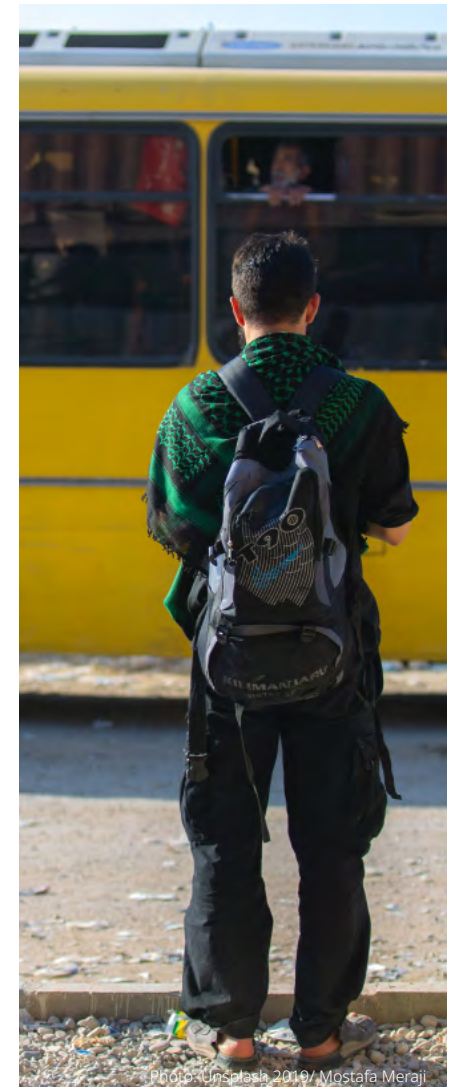


Photo: Unsplash 2019/ Mostafa Meraji

6 Children

General information

The Iranian government has joined the Convention on the Rights of the Child since 1993, but is not obligated to implement it if it conflicts. The situation of children's rights in Iran is desirable in terms of access to health, education and other services. The government has set programs in terms of providing services to all children with special needs in urban and rural areas. According to the law, all children have equal rights to access health, education, and legal services. However, the socio-economic and cultural policies affect the quality of services and their access in different parts of Iran. Governmental entities such as the Ministry of Education and the Ministry of Health are directly responsible for child welfare. Each of them has offices in different cities of Iran.

Non-governmental actors dealing with children's well-being and rights

Many NGOs work as a powerful source of support to improve the situation of children in vulnerable situations, such as child workers, refugee children, children with disabilities, children in poor families, eg. NGOs provide support in many parts of Iran. However, some only operate in large cities. Some important NGOs are listed in Chapter 7.

Autism Spectrum Screening System

While this program informs families in different provinces of the country about autism spectrum disorder, it will also evaluate and screen 2 to 5-year-old children who visit the screening centers together with their parents or teacher for the

possible symptoms. Then, if autism is suspected, a specialized diagnostic test will be conducted by specialized experts, and if the result is positive, the child will be referred to educational and rehabilitation centers for center-oriented and family-oriented interventions. Please visit the website mentioned below for more information and to register for the screening test: <https://autism.behzisti.net/>

Access for returnees

Education and Public Health are accessible for all Iranian nationals, including returnees, through Ministry of Education and Ministry of Health and Medical Education. Returnees can enroll their children in schools and benefit from health services upon arrival. Below you may find some NGOs which work in this area:

- Mahak Charity
<https://mahak-charity.org/>
- Child Foundation
<http://www.childf.com/>
- Children's Rights Association
<http://www.irsprc.org/>
- Child Labour Association
<http://apcl.org.ir/>
- Zanjireh Omid Charity
<http://zanjirehomid.com/>



7 Contacts

International Organization for Migration (IOM)
UN Migration Agency
 No. 93, West Nahid St., Valiasr Ave., Tehran, Iran.
 +98 (21) 22025182
 iomtehran@iom.int
<https://iran.iom.int/>

United Nations High Commissioner for Refugees (UNHCR)
UN agency for refugee support
 No. 3, East Emdad St., North Shiraz Ave., Vanak Sq., Tehran
 +9821 42939
 irnte@unhcr.org

Behzisti Organization
Social support
 No. 1121, Fayaz Bakhsh St., Imam Khomeini Square., Tehran, Iran.
 +98 2166702001
<https://www.behzisti.ir/>

International Red Cross
Humanitarian Aid
 No. 4, Azar Dead-end, Next to Akhtar Hospital, Sharifi Manesh St., Elahieh, Tehran, Iran.
 +9821 22645821-4
 +9821 22600534, teheran@icrc.org, <http://ir.icrc.org/>

Charity foundation for special diseases
Social support
 No. 2, at the corner of East Saeid St., South Bahar Str., North Kaveh Blvd, Tehran, Iran.
 +98 21) 22783465, +98 21) 22765423, info@cffsd.org

Royan Institute for Research and Infertility Treatment
Medical facility
 Hafez St., North Bani Hashem Avenue., Resalat Highway, Tehran Iran, +98 (21) 23562000
<https://www.royan.org/>

Nader Pathological Lab
Medical facility
 No. 14, 1st Floor, Mohajeri Khameneh Alley, Northern Jamal Zadeh St., Azadi Ave., Enghelab Square, Tehran, Iran.
 +98 2166919373-4
<https://lab-nader.ir/>

Specific Patients and Transplant Sport Federation
Social Support
 No. 6, 1st Floor, Shahid Ansari St., Nelson Mandela Ave., Tehran, Iran.
 +9821 26202628
<http://www.sptfiran.ir/>

Soudeh Medical Center
Medical facility
 Imam Khomeini Sq., Shahrak Vavan, Islam Shahr, Tehran, Iran.
 +9821 54469
<https://soodehmc.ir/>

Iran Insurance
Social support
 No. 51, West Brazil St., South Shirazi St., Mollasadra Ave., Vanak Square, Tehran, Iran.
 +9821 86092238
<http://iraninsurance.ir/home>

Iran Assistance Company
Social and medical support
 No 4, 15th St., Gandi St., Tehran
 +9821 88648400
<https://iranassistance.com/>

Central Helal Ahmar Pharmacy
Medical facility
 No. 290, Taleghani Ave., Sephabod Gharani Cross-section, Tehran, Iran, <http://www.mpo-helal.org/fa/pharmacylist/centralpharmacy>

Nader Specialist Clinic
Medical facility
 No. 14, 1st Floor, Mohajeri Khameneh Alley, Northern Jamal Zadeh St., Azadi Ave., Enghelab Square, Tehran, Iran. +98 2166919371-2
<https://clinic-nader.ir/>

Rare Diseases Foundation of Iran
Medical facility
 No. 14, 1st Floor, Mohajeri Khameneh Alley, Northern Jamal Zadeh St., Azadi Ave., Enghelab Square, Tehran, Iran.
 +9821 66913244-8
<https://radoir.org/>

Aban Pharmacy
Medical facility
 Karim Khan Zand Ave., in the corner of North Kheradmand St., Tehran, Iran.
 +9821 88849011-5

7 Contacts

Erfan Hospital
Medical facility
 Shahid Riazi Bakhshayesh St., Sarv Junction, Saadat Abad, Tehran Iran
 +9821 23021000
 info@erfanhospital.ir
<http://www.erfanhospital.ir>

Tehran Heart Center
Medical facility
 Next to Jalal Al-e-Ahmad Junction, North Karegar Avenue, Tehran-Iran
 +9821 88029600 - 69
 email@thc.tums.ac.ir
<http://thc.tums.ac.ir/>

Noor Eye Hospital
Medical facility
 96, Esfandiar Blvd, Valiasr Avenue, Tehran Iran
 +9821 82400
<https://www.noorvision.com/>

Fars Psychological Clinic
Medical facility
 Alley #2, Sarbaz BLVD, Shiraz, Fars, Iran.
 +98 71 38304481

Milad Hospital
Medical facility
 Near Milad Tower, Hemmat Highway, Tehran, Iran.
 +98 21 84090
<http://miladhospital.com>

Shartiat Hospital in Tehran
Medical facility
 Jalal Al-e-Ahmad, North Karegar St., Tehran, Iran.
 +98 21 84901000
 shariatihosp@tums.ac.ir
<http://shariati.tums.ac.ir/>

Society to support children suffering from cancer (MAHAK)
Medical support for children
 MAHAK Pediatric Cancer Treatment & Research Center, Shahid Majdi Blvd., Artesh Highway, Tehran, +9821 23540

Yaran-e Mosbat club
Medical and psychosocial support
 98+21 66581517 - 9821+ 66593030

Shahid Rajaei Heart Hospital
Medical facility
 Tehran, Niayesh and Vali Asr Intersection
 +9821 23921
<http://www.rhc.ac.ir/>

Social Emergency
Social service
 123

The Office of Graduated Students Affairs
Education
 No. 27, Shahid Mousavi St., Enghelab Ave., Ferdowsi Square, Tehran, Iran.
 +9821 96664551
<http://grad.saorg.ir/>

Child Foundation
Social support for children
 No. 12, Sarafraz St., Shahid Beheshti Ave., Tehran, Iran.
 +9821 42510
<http://www.childf.com/>

Children's Rights Association
Social support for children
 No 37, Soltani Alley, North Sohrevardi, Seyed Kahndan, Tehran, Iran.
 +98 2188531114
<http://www.irsprc.org/>

Child Labor Association
Social support for children
 No17, 3rd Alley, Asad Abadi St., Tehran, Iran.
 +98 2188531114 <http://apcl.org.ir/>

Zanjireh Omid Charity
Social support for children
 No.31- Fana Khosrow St.- Tajrish Sq.- Tehran, Iran.
 +9821 22747681
<http://zanjirehomid.com/fa>

7 Contacts

Iranian Social Security Organization (Tamin Ejtemaei)
Social support
No. 359 Azadi Ave., Tehran, Iran
+9821-64501
info@Tamin.ir
<http://www.tamin.ir>

Central Insurance of Iran
Social support
No. 2, Maryam St., Mandela Ave., Tehran, Iran
+982124551000
secretariat@centinsur.ir
<https://www.centinsur.ir/>

National Wage Subsidy Scheme
Labour
<https://pyd.mcls.gov.ir/>

National Portal for Licenses
Labour
<https://mojavez.ir/>

Iran Chamber of Guilds
Chamber of Guilds
No. 1, Vafa Alley, Golriz St., Shoa Sq., Ghaem Magham Avenue. Tehran Iran
+98 (21) 88345962 and 88345965

Tehran Chamber of Guilds
Chamber of Guilds
No. 456, Malek Junction, Shariati Avenue, Tehran Iran
+98 (21) 85543000
info@otaghasnaftehran.ir
<http://www.otaghasnaftehran.ir/>

Yaran-e Mosbat club
Medical and psychosocial support
98+21 66581517 - 9821+ 66593030

Online platform to find jobs
Labour
<https://www.e-estekhdam.com/>
<https://karboom.io/jobs>
<https://iranestekhdam.ir/>
<https://www.sheypoor.com/>
<https://jobinja.ir/>
<https://jobvision.ir/>
<https://divar.ir/>
<https://iranjob.ir>

Online platforms home business and freelancers/ Labour
<https://www.mamanpaz.ir/>
<https://ostadkar.ir/>
<https://achareh.co/>
<https://basalam.com/>
<https://hojresho.ir/>
<https://www.digikala.com>
<https://hamiworks.com/>
<https://khedmatazma.com/>

Institute for the Intellectual Development of Children and adolescents
Intellectual development (children and adolescents)
<https://kpf.ir/>

Technical and Vocational Training Organization (TVTO)
Education
Khosh Crossing, Azadi Avenue, Tehran, +98 21 66941250 (Ext. 1289- 1058), info@irantvto.ir, <http://www.irantvto.ir>

Roshd
Education for children
<https://www.roshd.ir/>

Specialized Laboratory of Iranian Research Center for HIV/AIDS
Medical facility
Back of Infection Building (Building 6), Imam Khomeini Hospital, Towhid square, Tehran, Iran. +98 21 66581585
<https://ircha.tums.ac.ir/lab>

Counseling Center for Behavioral Disorders in Iranian Research Center for HIV/AIDS
Psychosocial support
Infection Building (Building 6), Imam Khomeini Hospital, Towhid square, Tehran, Iran.
+9821 66911296

Khatam Al-Anbia Specialty and Subspecialty Hospital
Medical facility
Rashid Yasemi Street, Upper than Mirdamad Blvd., Vali- Asr Avenue, Tehran Iran
+98 21 88884040
<http://www.khatamhospital.org/>

Online platform to find accommodation
Accommodation
<https://divar.ir/>
<https://www.sheypoor.com/>
<https://kilid.com/>
<https://iranfile.ir/>

7 Contacts

Pars Disability Tourism Association
Rehabilitation support
Unit 602, Amir Building, Between 10 & 11 St., North Amirabad Ave., Tehran, Iran.
+9821 88027767
<https://parsdisabledcharity.com>

Persons with Spinal Injuries Association of Iran
Rehabilitation support
No. 27, Museum St., Darbandi St., Tajrish, Tehran, Iran.
+9821 22733715-19
<https://www.irannokhaa.ir>

Blinds Association of Iran
Rehabilitation support
No. 14, Hasan Taj St., Aghamiri St., Ghanat Intersection, Shahid Kolahduz Ave., Tehran, Iran.
+9821 22560060-61
<https://ibngo.ir>

Down syndrome Charity Center
Rehabilitation support
No. 21, Dead-end Haj Rezaei, Between Forsat and Shahid Tousi, Tohid Ave., Tehran, Iran.
+982166426210
- 02166919627
<https://dsciran.com>

Measures to be undertaken before return

Consular services

In case receiving consular services is needed before returning to Iran, visit the website for the Secretariat of the Supreme Council of Iranian Affairs Abroad at <https://iranian.mfa.gov.ir/> and the website for Mikhak System at <https://mikhak.mfa.gov.ir/form/landing.xhtml> to receive necessary information on how to proceed. Some of consular services are related to

passport/LP issuance, stranded Iranian migrants, national ID documents, obtaining citizenship from an Iranian mother, power of attorney, apostille, certification of documents, divorce/marriage registration, death registration, deceased transportation, etc.

If you need information on Iranian sim cards activation, mobile phone registration, passenger baggage rules, insurance for Iranians abroad, carrying currency while traveling, etc. visit the website above.

7 Contacts

National Window of Governmental Services
Social services
<https://my.gov.ir/>

Secretariat of the Supreme Council of Iranian Affairs Abroad
Consular services
<https://iranian.mfa.gov.ir/>

Legal Medicine Organization of Iran
Legal support
Central office: Meraj Alley, Behesht St., South side of Shahr Park, Tehran, Iran.
+9821 55609071-4 / +9821 77638715, <https://lmo.ir/>

Comprehensive Housing Support Schemes System
Accommodation
<https://saman.mrud.ir/>

Khodnevis System
Accommodation
<https://khodnevis.mrud.ir/>

Salamat Insurance Hotline
Medical support
1666

Narcotics Anonymous (NA) Association
Psychosocial support
<https://nairan.org>

Congress 60
Medical and psychosocial support
<https://www.congress60.org>

Kahrizak Charity Foundation
Caring support (PWDs and the elderly)
Central office: No. 110, Malayeripour St., North Mofateh St., Haftetir Square, Tehran, Iran. Office 2: Hakimzadeh Blvd., end of Kahrizak, after Behesht Zahra, Ghom Road, Iran.

Armaghane Asr
Rehabilitation support (Mental disabilities)
No. 9, Shams St., in front of Dey hospital, Tavanir, Valiasr, Tehran, Iran.
+9821 88781052

Autism Association of Iran
Rehabilitation support
No. 8, Eastern Laleh St., South Sattari Highway, Tehran, Iran.
+982148085000
<https://irautism.org> info@irautism.org

PWDs Expert Association of Iran
Rehabilitation support
1st Floor, No. 317, Shadmehr St., Golangam St., Shdeman, Tehran, Iran.
+9821 66521887

Deaf Family Association of Iran
Rehabilitation support
3rd Floor, No. 2, Afrukhte St., Azadi Ave., Tehran, Iran.
+9821 66919077
<http://isdpf.ir> info@isdpf.ir

Epilepsy Association of Iran
Rehabilitation support
No. 1352, End of Seyed Khandan Bridge, Shariati Ave., Tehran, Iran.
+9821 88463271-3
<https://iranepilepsy.org> iranepi@gmail.com

PWDs Scientific and Artistic Creations Association of Iran
Rehabilitation support
Ground floor, No. 46, Arak St., Sepahbod Gharani St., Tehran, Iran.
+9821 88903480

Iranian Little Persons Association
Rehabilitation support
Unit 3, 1st Floor, No. 209, 21st St., Jamaledin Asadabadi Ave., Tehran, Iran.
+9821 88720340
<http://www.kootahghamatan.com> info@kootahghamatan.com

8 At a glance

Measures to be undertaken before return

- **Medical documents:** Make sure that your return counselor is fully aware of your health conditions, your medical needs can be taken care of in your final destination and that you collect your medical history as precise as possible.
- **Job search:** Improve your vocational skills and do not forget that your skills are the most valuable asset you possess to start a business after your return.
- **Accommodation:** Try to know the rental costs of a proper accommodation in your final destination through the links provided in this CFS, and check if you are eligible for loan schemes or not.
- **Health insurance:** Explore the health insurance schemes and find the most suitable to your needs.
- **Education:** Receive all relevant certificates if you or your children have taken part in any educational program in the host country.
- **Health:** Be aware of your psycho-social and health needs and also your children's and benefit from the available social services.
- **Contacts:** Make use of the contact information shared in Chapter 7 to plan your return in a proper manner.
- **Birth certificate:** If your child was born in Germany, approach the Iranian embassy in the host country to get advice on how to legalize your child's birth certificate to avoid inconvenience after your return.

Measures to be undertaken immediately upon arrival

- **Insurance:** Try to benefit from one of the insurance schemes in your country to reduce your medical expenses in long run.
- **Job:** You will have a lot of rivals in job market, so identify your strengths, weaknesses, opportunities and threats. Focus on your abilities and make the best strategic decisions to start a successful business. In case you are looking for employment opportunities, make sure that your employer can provide you with insurance. If not possible, alternatively you can make use of self-payer insurance programs.
- **Accommodation:** Rental costs usually take a huge amount of your income. Be realistic and try to find a home suitable to your budget.
- **Education:** Select a field of studies that improves your vocational skills in line with your interest.
- **Children:** Ensure that you keep part of your income for the educational costs and wellbeing of your children.
- **Information:** Reintegration will be a difficult and challenging process. Therefore, try to get familiar with all measures introduced in this info sheet, be patient and positive, and act wisely to navigate challenges successfully.
- **ID card:** In case of lost ID documents, approach one of Pishkhan Dowlat offices in the vicinity of your home.